

Joint Replacement Pre-Surgery Class

**Mondays* 9:30-11 am and
Thursdays 1-2:30 pm**

We encourage you to bring a "Coach," someone who will be at home with you when you are discharged, to the class.

*Monday classes begin February 5. Class will not be held on April 30, May 28, Sept. 3, Oct. 15, Nov. 22, Dec. 24, or Dec. 31.

Pre-Operative informational session to better prepare you for your upcoming surgery and rehabilitation.

Florida Hospital Memorial Medical Center | Medical Office Building | Classroom C



In this class we will discuss:

- Physical Therapy and Rehabilitation
- Do's and Don'ts After Surgery
- Discharge Planning
- How to Prepare for Going Home



**FLORIDA HOSPITAL
MEMORIAL MEDICAL CENTER**

305 Memorial Medical Parkway, Daytona Beach, FL 32117

For more information and to RSVP, call the Orthopedic Navigator at (386) 231-5355.